

ISOLATION (persons who test positive for COVID-19) - applies to childcare settings, K-12 students, staff

Link to guidance: [Guidance on Isolation and Quarantine for COVID-19 Contact Tracing \(ca.gov\)](#)

Summary of guidance: Excerpt below

- 10 days, can be shortened to 5 if negative test* on or after day 5; after day 5 negative test, need to wear a well-fitting mask around others for a total of 10 days
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves.
- If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings
- *Home tests accepted per state, except for those under Cal/OSHA (aka staff)- home tests will not be allowed for this group after January 14th
- REMEMBER! Facilities can choose to be *more* strict than this guidance

Isolation

Persons Who Test Positive for COVID-19 (Isolation)	Recommended Action
Everyone, regardless of vaccination status, previous infection or lack of symptoms.	<ul style="list-style-type: none"> ● Stay home (PDF) for at least 5 days. ● Isolation can end after day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on day 5 or later tests negative. ● If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10. ● If fever is present, isolation should be continued until fever resolves. ● If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10. ● Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information) <p>*Antigen test preferred.</p>

STUDENT QUARANTINE (exposed to COVID-19)- K-12 students only

Link to guidance: [K-12 Guidance 2021-22 School Year \(ca.gov\)](#)

Summary of guidance: Continue to follow the current CDPH K-12 Quarantine guidance #8 and #9; no changes to modified quarantine, standard quarantine, or shortened quarantine

- Students who are NOT fully vaccinated should quarantine.
- Fully vaccinated = at least 2 weeks since the final vaccine dose. Final 2nd dose in a 2-dose series, or one dose of a single-dose vaccine (such as Johnson & Johnson)
- Students who are booster eligible but have not been boosted do NOT need to quarantine (yet).
- Students previously infected with SARS-CoV-2, including within the last 90 days do NOT need to quarantine after exposure.
- REMEMBER! Facilities can choose to be *more* strict than this guidance
 - For example, can require household contacts to have negative tests, can require longer quarantine, can require only fully boosted (for those eligible) to not require quarantine

Please note: The quarantine recommendations for *students* will most likely change in the coming days and those updates will be included in the CDPH K-12 guidance [K-12 Guidance 2021-22 School Year \(ca.gov\)](#)

STAFF QUARANTINE

Link to guidance: [Guidance on Isolation and Quarantine for COVID-19 Contact Tracing \(ca.gov\)](#); [COVID-19 Prevention Emergency Temporary Standards - Fact Sheets, Model Written Program and Other Resources](#)

Summary of guidance: Excerpts below

Quarantine

Persons Who are Exposed to Someone with COVID-19 (Quarantine)	Recommended Action
<ul style="list-style-type: none"> • Unvaccinated; OR • Vaccinated and booster-eligible but have not yet received their booster dose.** <p>(Refer to CDC COVID-19 Booster Shots to determine who is booster eligible)</p>	<ul style="list-style-type: none"> • Stay home (PDF) for at least 5 days, after your last contact with a person who has COVID-19. • Test on day 5. • Quarantine can end after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative. • If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10. • Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information). • Strongly encouraged to get vaccinated or boosted. • If testing positive, follow isolation recommendations above. • If symptoms develop, test and stay home.

** Workplace Setting (not applicable to healthcare personnel):

In a workplace setting, asymptomatic employees in this category are not required to stay home from work if:

- A negative diagnostic test is obtained within 3-5 days after last exposure to a case
- Employee wears a well-fitting mask around others for a total of 10 days
- Employee continues to have no symptoms.

No quarantine

Persons Who are Exposed to Someone with COVID-19 (No Quarantine)	Recommended Action
<ul style="list-style-type: none"> • Boosted; OR • Vaccinated, but not yet booster-eligible. <p>(Refer to CDC COVID-19 Booster Shots to determine who is booster-eligible)</p>	<ul style="list-style-type: none"> • Test on day 5. • Wear a well-fitting mask around others for 10 days, especially in indoor settings (see Section below on masking for additional information) • If testing positive, follow isolation recommendations above. • If symptoms develop, test and stay home.

QUARANTINE in childcare settings- participants

Link to guidance: [Guidance on Isolation and Quarantine for COVID-19 Contact Tracing \(ca.gov\)](#)

Summary of guidance: Excerpts below

- As short as 5 days if test on or after day 5– with 5 more days of masking
- Home tests accepted per state
- Waiting for clarification from state on kids under 2 who cannot mask**

Quarantine

Persons Who are Exposed to Someone with COVID-19 (Quarantine)	Recommended Action
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- Employee wears a well-fitting mask around others for a total of 10 days
- Employee continues to have no symptoms.

No quarantine

Persons Who are Exposed to Someone with COVID-19 (No Quarantine)	Recommended Action
<ul style="list-style-type: none"> • Boosted; OR • Vaccinated, but not yet booster-eligible. <p>(Refer to CDC COVID-19 Booster Shots to determine who is booster-eligible)</p>	<ul style="list-style-type: none"> • Test on day 5. • Wear a well-fitting mask around others for 10 days, especially in indoor settings (see Section below on masking for additional information) • If testing positive, follow isolation recommendations above. • If symptoms develop, test and stay home.

HOME ANTIGEN TESTS

Link:

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Over-The-Counter-Tests-LHJ-Guidance.aspx>

Summary: A home antigen test may be used to release from isolation and quarantine

- **What are best practices for verification of self-test results?**
 - The following are recommended methods to verify unsupervised or unobserved self-test results. The practices listed below should strongly be considered in any context in which tests are being performed at the request of another entity, such as a school.
 - Use a digital (app-based) platform for test verification, which often includes scanning barcodes; these are available for certain brands of self-tests.
 - Write the name and date on the test card results and send a picture of the card to the requesting entity.
 - Create an attestation form and require signature declaring that the test specimen was obtained from the individual represented on the form, include the date the specimen was collected, and that the test was processed according to the instructions provided.
- Per Cal/OSHA- employees need proctored tests starting Jan 14th
- REMEMBER! Facilities can be more strict

CASE REPORTING REMINDERS

- **COVID Liaison Toolkit, please reference the guide and Appendix H-**
<https://drive.google.com/drive/folders/1vzEGgJARUbZ6ahibSWVjZaBhWeP6eMS8>
- **REMEMBER! Submit situation through SPOT intake**
 - Please use the notes section to write a detailed summary of the school case situation
 - NO EMAILS PLEASE. USE **SPOT** FOR CASES
 - SPOT can be used to answer questions about potential cases or questions about cases and management/next steps
 - SPOT is the FASTEST way to get an answer
- For policy questions please email EOCSchools@cityofberkeley.info